



MARGADARSHI E-News

The Association for Physically Challenged (Regd)

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Community Based Rehabilitation Project at Chamarajanagar District : A View

The main purpose of our Community Based projects in 5 taluks of Chamarajanagar District is to provide Medical, Education, Social and Livelihood rehabilitations for persons with disabilities making use of available resources in the State like human, technical and financial resources, thus making the local bodies and administrators accountable and responsible.



Our CBR Project is working on the theme: **‘District Level initiative through Right Based, Developmental, Dignity, Identity, Participation and Human Rights Issue’.**



During the year November 2014, Margadarshi initiated its work with children with disability for their mainstreaming of education into integrated education system at Kollegala taluk of Chamarajanagar District. In the entire taluk identified children with disability and started working with parents and teachers. We worked for

two years and found that there are issues affecting Children with Disabilities (CWDs) and we could not find any solutions at block level. Observed that important programs by Rashtreeya Bala Swastha Karyakrama (RBSK) was only limited to identification of children with disability and no further services being provided to them. District early Intervention Center (DEIC) and District Disabled Rehabilitation



centers (DDRC) were not at all started. There was resistance to admit of CWDs to normal schools, hostels and residential schools. Observed that children who were studying in 10th standard had the difficulties in getting scribes to write the exams and not being provided with extra time, green sticker, scribes, exemptions of subject and language to the eligible students. Margadarshi analyzed these issues and decided to work with district authorities. Hence since June 2017 we expanded our work to district level and started working with



stake holders like Education department, Health and Family Welfare department, Women and Child Welfare

department,
Social Welfare
department,
Disabled
persons
Empowerment
department
and Urban
local bodies,



Taluk panchayaths and Gram panchayaths of all 5 blocks. As a result of this we found the following important outcomes:

1. In all 5 taluks of the district, Education Departments, five School Readiness Programme centers are fully functioning and children are getting basic therapy support services.
2. Children with Disability getting admissions to regular schools, residential schools, and hostels.
3. Now the facilities as per the Act are being extended to 10th standard eligible students. As a result of this and also continuous career guidance and bridge course work shops conducted by Margadarshi, students gained self-confidence to face the exam and achieved 88.5% result in the academic year 2019-20. This is the first time in the history.
4. During the year 2020 got permission to start DEIC (District Early Intervention Centre) and DDRC (District Disabled Rehabilitation Centre) in district level, but due to covid 19 these centers have not started functioning. We are hoping these centers will start functioning from April 2021 and our children will get early intervention and rehab services.
5. Inclusive education is now functioning well in all 5 blocks.
6. Under 5% reserve funds District authority is preparing actions plan for rehabilitation of the disabled persons.

In the course of our work in the district organization noticed the sufferings and the issues of caregivers (Parents of Children with Severe disabilities) with related to their health, economic wellbeing and social marginalization. During the year April 2019, Margadarshi initiated to work with caregivers who are caring for their severe children or adults with disabilities. We identified



and collected baseline information through survey and found around 1300 caregivers are with the major issues.

To find the solutions for the above we are organizing Carers groups at Gram Panchayath, taluk and district level and empowering them through capacity building exercises to network, developing rapport and work with local level institutions, taluk and district level authorities to raise their collective voice to address their issues. We are hopeful of finding a positive response from the Gram Panchayath, Taluk Panchayath and District level authorities to support caregivers to reduce their burden to improve their health and economic well being.



Considering all the above issues Margadarshi is spreading the message “Disability issue is not subject of social, medical and Welfare. Instead it is Right to Rehabilitation, Development, Dignity and Human Right issue”.

Impact of Margadarshi on the life of Bharath

Distribution of Blankets to the Poor and Downtrodden families of Kudalur Village, Chamarajanagar District

Vasavi Charitable Trust, Shanthinikethan, Arekere, Hulimavu, Bangalore on the occasion of 95th birthday of Sai Baba of Puttaparthi donated 50 blankets to poor families in Kudlur, Ramasamudra and Doddaroyapettai village of Chamarajanagar Taluk, Chamarajanagar Dt., Karnataka on 10.12.2020 all over the state.



Bharath aged 30 years male from Chinthalapally village, Warangal rural, Telangana, Southern part of India was a car mechanic who was leading a happy married life. But on one fateful day he met with a major accident which

changed his life from being an abled person to disabled person and his entire life turned turmoil. He lost his job and assets the family owned. His wife started supporting the family by working as a daily wager. Due to covid his wife too lost her job and the family had to depend solely on his monthly pension. Due to restricted mobility Bharath started losing his confidence and was feeling dejected in life. At this juncture his friends referred him to Margadarshi which helped him to procure a rough terrain customized wheelchair.

The beauty of this incident is that he customized his wheelchair according to his needs with the technical help from Motivation India. This wheelchair from Margadarshi not only helped in making him mobile but also helped in increasing his self-confidence.



Virtual voluntary from N.O.S on 24/10/2020

Online voluntary by Northern Trust for making paper bags with residents of Margadarshi and each one of them made a minimum of 50 covers and they couriered the same to our centre.



Providing PPE Kits to front line workers on 04.12.2020 to 07.12.2020 and on 13.12.2020



Margadarshi is regularly providing support to the Frontline workers during the COVID situation. Apart from educating the people on the safety measures and the importance of sanitization, Social distancing etc. they are providing PPE Kits along with masks and sanitizers. They have also supported the Primary Health Centres, Community Health Centres, Taluk / Urban / District hospitals, ASHA Workers at Chamarajanagar and Pavagada by providing Head masks, Gloves, Doctors gowns and patient gowns. So far we have distributed around 14297 items.

Immunity Booster kits distribution to the families of people and children with disability from 20th Dec to 29th Dec 2020.

Margadarshi is regularly providing support to the disabled community by educating and sensitising on COVID-19 safety measures and importance of

sanitization, Social distance, using immunity ingredients etc.

In the Corona virus pandemic, persons and children with disability and their families are most affected and struggling for the food, medicines, livelihood etc. Margadarshi is regularly communicating with our users to provide remote support on COVID-19 safety measures and importance of sanitization, Social distance, using immunity ingredients etc. Margadarshi has donated immunity booster kits to the families of persons with disabilities in Chamarajanagar, Kollegal, Hanur, Yelandur and Gundlupet of Chamarajanagar District and in Pavagada Taluk of Tumkur District in the month of Dec'2020. The immunity booster kit which comprises of 9 items including Jaggary, oil, bath and washing soaps, ginger, turmeric powder, garlic, Cumin and pepper was handed over to around 1050 families to help them during the pandemic.



Wheel chair fitment and Distribution Program @ Hoovinadagali, Bellary District from 03.12.2020 to 05.12.2020

Assistive devices and technologies are those whose primary purpose is to maintain or improve an individual's functioning and independence to facilitate participation and to



enhance overall well-being. They can also prevent impairments and secondary health

conditions. 'Wheelchair' – Seating Mobility is an Assistive external device that are designed, made,

or adapted to assist a person to perform a particular task. A wheelchair is appropriate when it meets the user's needs and conditions, provides proper fit and postural support, safe & durable and an environmental. Wheelchair mobility opens up opportunities to users to study, work and engage in social activities.



Margadarshi, always follows the above WHO guidelines in its activities

On the account of World Disabled Day celebration, Margadarshi in collaboration with 'Motivation India' organized wheelchair fitment, training and distribution program in the premises of Assisi Hospital, Huvina Hadagali, in Bellary



District on 3rd to 5th December 2020. Total 20 special wheelchairs including tool kits were distributed to the person with disabilities.

Opportunity was taken at the event to educate the participants about motorized tricycle, online filling of disability pension plan, marriage grant for the married couples with disabilities and other government schemes for the persons with disabilities.



Some of the beneficiaries described how the availability of wheelchair has impacted their life and improved their self-esteem.

“Being confined to a wheelchair doesn't bother me as my mind is free to roam the universe, but it felt wonderful to be weightless”.

.....Stephen Hawking

Career Guidance and Bridge Course to 10th Standard Students with disability

Orientation warm up session to 10th Standard Students :

On 21-10-2020, Margadarshi and N.O.S. organization (CSR Partner) with the support of Department of Education organized Virtual Zoom Meeting for 10th Standard students. This meeting was held for the students of Chamarajnagar District on sessions like education and intellectual guidance.



In this program Mr. Nagaraj, Assistant Professor, Tumkur University and Volunteers from N.O.S. organization



participated as resource persons. They gave the following information to the students: Career, Education, Interest, Vision, Values, Goals, Skills etc.

47 students participated from Chamarajnagar district. Margadarshi's team of Education and Carer's co-ordinators co-ordinated and connected the students to virtual zoom meeting program from all Taluks.



Assessment and Bridge course :

Bridge course & Career Guidance Course was organised for the year 2020-21 to the students with disabilities



studying in the 10th Standard. This session was organised to prepare the students for S.S.L.C. Board exam. As the schools were closed during COVID-19 period, students lost the continuity of learning the subjects in a class room. To encourage the learning that was lost and prepare them for annual board exam, this program was organized for one day, especially to assess the students status. Program was arranged at 5 Taluk Block

Resource Centres of Chamaraj nagar district.



To understand the student's status of learning, each and every student was analysed and assessed by applying parameters like understanding of the subjects, writing skills, difficult subjects etc. Thereafter, it is decided to approach the Department of Education to arrange expert teachers in all subjects to take coaching classes for all students.

Orientation Meetings with Taluk level Officials and District officials of Health & Education Blocks



A meeting was held at Women and Child Development department's meeting hall on 12-10-2020 to organize Taluk level Trainings for the

rehabilitation workers to teach on new Act and to train in 21 Types of disability. The Taluk's Nodal Officers, Village Rehabilitation workers (VRWs), Margadarshi team and Taluk nodal officers participated in the meetings. As part of this initiative,

discussions on many subjects like providing UDID cards, treatment for Epilepsy, blood related issues, Thalassaemia,



Hemophilia, Sickle and Anemia. Also Psychological health, Psychosis, Severe and common mental disorder and Depression were discussed

Repairs & Maintenance of Assistive devices :

Margadarshi not only provides and supports assistive devices, does regular follow ups of users and keep thorough track on their usage and progress occurs. Regular therapies were also being given to the children along with assistive devices like CP wheelchairs and mobility aids. If the children's postures gets improved and balances,

Students Right Group Strengthening Meetings @ Block level

Student strengthening meetings were held at various blocks of Kollegal, Hanur, Chamarajanagar, Gundlupet and Yelandur to discuss about Student's experience during Corona lockdown period with regard to Academic Activities and Online Classes. A total of 182 students and 147 parents participated in the meetings.



sitting position, the device will be withdrawn and involves them to next process like providing suitable device or motivating them to standing and walking position as the case may be. During follow-ups, if any repairs noticed, will be referred to concerned technical organizations like Mobility India and Motivation and see that users utilize the devices regularly.

Livelihood Activities

During the COVID-19 lockdown PPE and Grocery Kits were distributed all over the state. Margadarshi also decided to distribute PPE Kits to front line workers and Grocery Kits and Masks to the families of persons and children with disability in 130 Gram Panchayaths of Chamarajanagar Dt., Karnataka.

Margadarshi had decided to entrust the stitching of required masks to persons with disabilities and caregivers, thus providing livelihood opportunity to the effected families during the pandemic. 18 families were entrusted with the task of stitching the masks. A total of 7204 masks were stitched and the families were able to earn Rs 72,040/-.

Margadarshi has decided to help these families further by providing skill training in tailoring and

equip them to sustain in the said activity as they are all caregivers (taking care of their disabled children) and are not in a position to go out to earn their livelihood. Margadarshi is in the process of providing Tailoring and Zigzag machines to 10 families and train them in different type of garment stitching. And train them to procure clothes on wholesale, identify demand and facilitate local market. Apart from these activities Margadarshi plans to provide handhold for 6 to 12 months and thus facilitate them to work independently.

This activity starts from April 2021, and donors are requested to contribute towards this activity and help the disabled families to sustain.

Under this livelihood activity Margadarshi has initiated Godhana.

Milch Cow Donation (Godhana)



Sri.Pothanna Setty, (retired General Manager of Vysya Bank Ltd) and present President, Vasavi Charitable Trust, Shanthinikethan, Arekere, Bangalore through Margadarshi decided to donate

a milch cow and calf in the name of his mother to a Care Giver (Parents of Severe disabled child). Margadarshi identified Smt.Mala w/o Late Mahesh, Kudlur village, Chamarajanagar, Karnataka as beneficiary. The event was held on 10-12-2020. The family consists of 5 members out of which three members are disabled. The mother and daughter-in-law have to take care of the family along with the mounting medical expenses with their meagre earnings. The family had sold whatever little assets they had and were in dire status. With the generous support of Mr.Pothanna Setty, the family was gifted with a Cow and calf so that the family could make a living. A cowshed was constructed with the support of Sanmilana Charitable Trust, a family of Trust of Ms.Geethamrutha.

Our Sincere Thanks to....



..... And Trusts/Foundation, Institutions, Partner Organizations volunteers and many many individual Donors.

Donations

Offline

Please make cheques payable to:
"Margadarshi The Association
for Physically Challenged" Cheques can be
directly posted to the following address

Margadarshi
The Association for Physically
Challenged, # 75/6, Hulkul
Complex, Lalbagh Road,
Bangalore – 560 027

Transfer

Donation within India:

State Bank of India
Account Number: 34524413998
Account Name: Margadarshi The
Association for Physically
Challenged
Branch: Ulsoor,
Cambridge Layout,
Bangalore – 560 084
IFS Code: SBIN0001824
Type : Current

International Donation

State Bank of India
Account Number: 34524416547
Account Name: Margadarshi The
Association for Physically
Challenged
Branch: 4th T block, Jayanagar,
Bangalore – 560 041, Karnataka
India
IFS Code: SBIN0004926
Swift Code : SBININBB4

**We have FCRA registration to
receive foreign donations.**

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Earnest request to all the Donors

After making online Contribution, please message the contribution details to any one of our committee members as listed above. This will enable us to raise the receipts in their name specifically.

- All the Donations are exempt from tax under section 80G of Income Tax Act 1961
- If you are sending a cheque, please write the following details behind the cheque " Your Name, Email ID, Address, Contact number, PAN number. If you are wire transferring, Please email us the above details on marga_darshi@yahoo.co.in
- Receipt will be emailed or couriered to you within two weeks of receiving the cheques/wire transfer

**"IT IS OUR EARNEST APPEAL TO ALL TO JOIN US IN THIS FIGHT FOR A
BETTER TOMORROW AND SAFE PLACE TO LIVE IN"**