



Estd. : 1988

# MARGADARSHI NEWS LETTER

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“Margadarshi” The Association for Physically Challenged (Regd)

(Karnataka Associations Reg. Act 1960, Sl. No. 601/88-89-Bangalore District)

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## Dear Well-wishers and philanthropists

Indeed it has been such a wonderful journey we had with you during the year 2015. With all your kind hearted help and support we were able to touch thousands of people's lives with special ability.

All our dreams turned into reality and all our efforts into great achievements, just the way you wished for **Margadarshi** during the year 2015.

With **Fresh HOPES, PLANS, EFFORTS, FEELINGS and COMMITMENT**, let us welcome new year with **GREAT ENTHUSIASM**. We continue to look forward to this relationship to grow further to newer heights in the year 2016.

## About us

Margadarshi was established in 1988 in recognition of the hardships faced by the people with disability. Ever since, it has worked to better their lives through rehabilitation, education, training and various activities.

### Its main activities are :

1. Medical Rehabilitation Services of people with disability.
2. Educational support services to students with disability.
3. Residential care and Empowerment of girls and women with disability.
4. Support to persons with disability to access their rights.
5. Counseling, Guidance and creating healthy, helpful and supportive environment for people with disability.

### Medical Intervention :

**Margadarshi always believes that every challenged person is unique in their own way and each deserves to lead a happy and healthy life.**

Under this activity, medical camps are being conducted regularly in rural places. Needy people with disabilities are identified and provide them with medical assistance by arranging surgeries and mobility equipments and aids. Training and counseling also being provided to service users about the usage of the mobility devices. Through these services they get groomed to become confident and contributing members of the society.

### Free Residential HOME :

A free Residential Home for girls and women was started in the year 1999. From this HOME, Margadarshi supports

## OUR DREAM PROJECT

Margadarshi's RESOURCE and TRAINING Centre:

We are indeed glad to inform you that construction of our Resource & Training Centre at 47/1, Annaiah Reddy Road, Halasooru, Bangalore, is completed.

This centre is now ready to provide:

- a. Accommodate 50 challenged women / girls
- b. Provide vocational training, counselling and skill development.
- c. Provide a short HOME stay for people with disability.
- d. Residential Training Centre for challenged people.

Construction of this Centre was a dream for us and it was made into reality only because of your ardent support for which we thank one & all from the bottom of our hearts.



You have to grow from the inside out. None can teach you, none can make you spiritual. There is no other teacher but your own soul.

for their education and vocational training services in addition to grooming them to develop leadership and life skills.

### **Educational support services :**

#### **Education is the movement from darkness to Light.**

Margadarshi continuously engages itself in supporting students with disability into the mainstream education system through counseling, scholarship and other required services.

### **The Socio – Cultural Empowerment of challenged students:**

Margadarshi is boosting challenged students' creative and critical abilities through socio-cultural and leadership programs.

### **II Community-based Rehabilitation (CBR) Project : SAMANVITHA**

**Community-based rehabilitation (CBR) focuses on enhancing the quality of life for people with disabilities and their families; meeting basic needs; and ensuring inclusion and participation. It is a multi-sectoral strategy that empowers people with disabilities to access and benefit from education, employment, health and social services. CBR is implemented through the combined efforts of people with disabilities, their families and communities, and relevant government and non-government health, education, vocational, social and other services.**



We feel proud to express that, the year 2015 holds remarkable significance and has been a bench mark for executing CBR project. The first year has been successfully completed in Kollegal Taluk.

We, with the support of Association of people with Disability both in financial (Partly) and technical, commenced the project from 01.11.2014. We are happy to furnish here below the overall works done, progress, impacts etc.



### **Main objectives of the projects are :**

1. To provide Medical Rehabilitation to children and people with disabilities, mental illness and spinal cord injury.
2. Education rehabilitation to children with disabilities.
3. Empowerment and social rehabilitation of people with disabilities.
4. To create platform for livelihood opportunities and build linkages to initiate livelihood.

An Office was setup to carry on the CBR work at below mentioned address : # 7, A/714, Maruthi Nilaya, Basaveswaranagar, Basthipura Main Road, Kollegal.



### **SURVEY WORK :**

Thus our journey started in the project area and we started our work by building rapport with Government Departments like Education, Health, Women and Child, Taluk Panchayath, Taluk Office, City Municipal Corporation, Town Panchayath, District Welfare Office, Dy. Director of Public Instruction, Dist. Health Office, Zilla Panchayath etc.

Year long survey work was carried out in 41 Gram Panchayaths and 5922 people and children with disability were identified.

## Residential camp for children with disabilities at Kollegal

A 3 day Summer Residential Camp (23rd – 25th May 2015) was organized in Kollegal, to encourage / expose children with disabilities (CWD) to extracurricular activities and to acquire leadership skills.

Margadarshi Team mainly Mr.K.V.Rajanna(Ex-Commissioner of Disabilities), Smt.K.M. Geethamrutha – Secretary, Mr.N.Krishnamurthy – Board Member and 4 CBR Staff started the preparations for the Camp 2 months in advance, by involving Officials from the Women and Child Welfare Department, Health Department, Panchayath, Rotary Club, etc. The venue for the Camp was Pre-university Girls College hostel, Hanur.

Our Staff made home visits of CWDs in Kowdalli, Shagya, Ramapura, Martalli, Bandalli, Ponnachi, Hanur Nagara Sabhe and Ajjipura. They motivated the CWDs and their parents to attend the camp. 73 CWDs registered, these children along with their parents participated in the residential camp.

ON 23.05.2015 the camp was inaugurated at 10.30 AM. The Guests presented were Asst.Thasildhar, President-Rotary Club, President-Hanur Pattana Panchayath and Hostel Wardens.

Smt.K.M.Geethamrutha welcomed Chief Guests and gathering, followed by the lighting of lamp and speeches by Guests. Chief Guests expressed that a creative camp for CWDs is being arranged in Hanur for the first time and appreciated the efforts of Margadarshi.

During the 3 days the Children were engaged with many activities like singing, dancing, painting, drawing, exercise, therapy, yoga, awareness about cleanliness and self-management of day to day

activities etc., 18 Youth Members of Khaliedo and Margadarshi engaged the children in many creative activities. Bala Gokula, Local Youth Team taught songs to children. Mr.Narayan Swamy, from Ramanagar engaged the children in yoga / exercise, he also took sessions to parents about the duties and precautions/care to be taken in maintaining children with mental retardness. The children enjoyed a lot and learnt many creative things during this period.

On 25.05.2015, closing ceremony was attended by Dr.Pushparani, Mr.Guruswamy - Health official and Sri.K.V.Rajanna-Ex Commissioner of disabilities. Parents and children shared their views about the camp. Many of the parents expressed their happiness about their children's performance and the fact that they noticed for the first time how lively / happy their children are and saw the smile on the faces of their children. A major change was observed in children, as the days went by there was a sort of positive energy in them. Overall parents and children were happy about the camp. After the closing ceremony, Margadarshi distributed toys, note books, story books, study materials, biscuits to children.

We thank Mr.Vijayakumar, Hostel Warden of Pre-university Girls College, Hanur for graciously providing the venue for the camp. Thanks to Auto Drivers Association, Merchants Association, Manager-Gas Agency, R.K.Foundation and many donors from Kollegal/Bangalore who mobilized resources for the camp. Thanks to volunteers, Resource Persons, Khaliedo Youth Team for contributing and making the camp a grand success.

Children as well as Volunteers were emotional when they left for their houses.



### SANITATION AWARENESS

On 03.10.2015 and 04.10.2015, an awareness on sanitation program was arranged at Hanur. Kaliedo Trust and Margadarshi teams visited houses of PwDs and provided awareness on usage of toilets through 5 street place attended by 400 peoples. They were also educated regarding submission of applications to respective Gram Panchayaths for grants to construct toilets.



## **CAMPS arranged in the Project Area :**

### **1. Wheelchairs camp at Kollegal and Hanur Blocks :**

On 21.02.2015 a camp of assessment of customized wheelchairs, tricycles and other assistive devices organized at Government School, Hanur and also at our Kollegal office. Technical staff from Association of People with Disability screened the clients and assessed the needs as detailed below :

Total number of clients assessed	:	160
Identified for wheelchairs / Tricycles and other assistive devices	:	102
Surgeries	:	7
Physiotherapy	:	25
General problems	:	26



On 18.03.2015 and 19.03.2015, a program of fitment and modification of wheelchairs was organized. Modification and customization according to the needs of clients was taken by APD technical staff.

On 16.04.2015, a distribution function of mobility equipments was arranged at Kamma Bhavana, Hanur. MLA, Local Taluk officials, APD - Management officials were presented on the occasion. Customized wheelchairs, tricycles, crutches and walkers were distributed.

Beneficiaries expressed their satisfaction especially about customized wheelchairs. Local Taluk Officials appreciated advanced technology of wheelchairs.

### **2. Wheelchairs camp at Ramapura Hobli :**

On 07.09.2015 and 08.09.2015, an assessment camp of wheelchairs was arranged at JSS Hostel, Ramapura. APD technical team assessed and took measurements for 18 beneficiaries.

On 28.12.2015 and 29.12.2015, wheelchairs were provided to them along with training and guidance about the maintenance of mobility devices.

### **3. Camp of mobility aids of calipers and limbs :**

On 16.07.2015 and 17.07.2015, an assessment and measurement camp of calipers and limbs was held at Kammavari Bhavan, Hanur. Technical team of 8 members from Mobility India, Bengaluru assessed and took measurements of 40 beneficiaries.

From 14.10.2015 to 16.10.2015, fitment of calipers and limbs and training to use the devices was arranged at Public Health Centre, Hanur. Fitment, training and guidance were provided to 40 beneficiaries. On 17.10.2015 a distribution function of calipers and limbs was arranged and distributed to 40 beneficiaries on the day.

In addition to the above camps, we also provided mobility equipments / aids, when and where the needs arised in the project area.

Total number of assistive devices distributed during the year is furnished here below :

1. Wheelchairs	:	72
2. Tricycles	:	19
3. Crutches/walkers	:	24
4. Calipers/Limbs	:	39
5. Hand Splints	:	1

**Total 155**



### **Impacts on Community, Beneficiaries, Parents / Care givers :**

- \* Beneficiaries were happy with valuable services provided to them.
- \* After the camps, confidence and NEW HOPE was created and hoping for further betterment in their conditions / positions.
- \* Expecting more services in the areas of livelihood, higher technical education, social participation, therapy, surgeries, sanitation facilities etc.

Margadarshi got an opportunity to work in Community Based Rehabilitation Program. We learnt a lot during this period and we are grateful to all those who have supported directly and indirectly. This is inspiring us to continue our work more and more in the disability field.

**WORKSHOPS AND PROGRAMS :**

Following workshops and programs were arranged in the project area

Sl.No.	Program	Activity	Impacts
1.	Village Rehabilitation Workers	a. Early Identification and intervention aspects. b. Types of disabilities c. Mental illness identification and handling such issues. d. Spinal Cord injuries and awareness about disability laws.	Now able to work more effectively in disability areas.
2.	Anganwadi Teachers and ASHA Workers	Early identification and interventions	Now able to work more effectively in disability areas.
3.	Parents and Care Givers	a. Admission of special children into schools b. Niramaya insurance scheme available for special children	Parents showing interest in Niramaya Scheme and showing interest towards their children's development.
4.	Extra curriculum and leadership camps for special children	Painting, Paper cutting, drawing, colouring and leadership skills	Children enjoyed a lot and a major change noticed in children, a positive energy created in them.
5.	Book Distribution Program	110 special students were provided with books, bags and study materials.	Special Children's participation increased in schools.
6.	Teachers	Inclusion of special children into schools and involve them in integrated education.	Teachers showing interest and referring issues to Margadarshi and seeking clarifications
7.	Door to door visit of spinal cord patients	Orientation was provided about managing day to day works. Orientation was also provided to parents and care givers about managing such patients	Showing interest for more orientation in the said areas
8.	Awareness about Sanitation	Provided awareness of usage of toilets, and submission of applications to respective Gram Panchayaths for grants to construct toilets. Also played 5 street plays.	Showing interest to submit applications for grants.
9.	People with mental illness	Identification and how to handle such people and recent Government orders about mental health issues.	Got awareness on mental illness and recent Government orders on mental health issues
10.	PDO Secretaries & Presidents / Vice Presidents	Implementation of rehabilitation work and proper usage of 3 % grants towards welfare of people with disability	Asked us to prepare action plan for each Gram Panchayath which enables them to work accordingly
11.	Carrier Guidance and Bridge Course to high school students	Provided guidance about details of higher education / technical education options available.	Students are keen and parents are showing interest in sending their children to higher education.



# C B R activities at Kollegal



The more we come out and do good to others, the more our hearts will be purified, and God will be in them.

## WHEELCHAIR DISTRIBUTION CAMP AT KADAGANCHI VILLAGE, ALAND TQ, GULBERGA DT.

**Gulberga** is a drought prone area and majority of the population live here in below poverty level. People face many problems in their day to day life in the areas of nutrition, transportation, education, disability etc. This place has a high number of people suffering from bone fractures and severe disability problems.

*Margadarshi and APD* jointly conducted assessment camp at Kadaganchi Village of



Gulberga dist. During the camp 49 people with disabilities were identified for providing **customized wheelchairs**.

A four day camp from 29th to 31st January '2015 was arranged for fitment and distribution to 49 beneficiaries.

On 01.02.2015 a distribution event was arranged. This event was arranged jointly by **Margadarshi, APD & Grameena Abhyudaya Seva Samsthe**.

**Chief Guests for the event were :**

1. Sri C.S.I.S. Prasad – Chairman, CSR Committee - FKCCI.
2. Sri C.S. Balachandra Sunku – Founder Trustee, Abhaya Foundation.
3. Sri Pothanna Setty – Silver \*KCGF, Dy. Governor – Vasavi Club International 301A and President – Vasavi Charitable Trust, Shanthinikathan and many local guests.



Chief Guest Sri Balachandra Sunku spoke on disabilities and challenges faced by challenged people and also spoke on NGO's challenges. It was very much inspiring, encouraging and boosted the energies of beneficiaries and NGOs.

Sri Balachandra Sunku and Sri Pothanna Setty along with other Guests distributed wheelchairs to all needy people. People over there felt happy, one could see broad smiles and satisfaction on the faces of beneficiaries.

After the distribution the beneficiaries were provided training about the usage and maintenance of wheelchairs.

On all whole the event was a grand success and Margadarshi wish to extend **WHOLE HEARTED THANKS** to Abhaya Foundation – FKCCI, ICSI, Bangalore Chapter.

### Calipers and Artificial Camp at Kandavaara Village, Chickaballapur District.

On 23.01.2015, an assessment and measurement camp of calipers and limbs was held at Kandavaara Village, Chickaballapur District, and technical team from Mobility India, Bengaluru assessed and took measurements of 18 people with disabilities.

On 16.04.2015, a fitment of calipers and limbs and training to use the devices was arranged and 18 beneficiaries were provided with assistive devices.

### Educational Activity : 2014-15

This year educational assistance was provided to 16 challenged students by paying their admission fees / books / study materials. This helped them to pursue their education.

**Thanks to all donors who have supported this activity.**

"All of us do not have equal talent. But , all of us have an equal opportunity to develop our talents."  
- A.P.J Abdul Kalam

### Activities during the year 2015 - in Bengaluru

Medical assistance extended to beneficiaries in and around Bengaluru are as below

1. Calipers & Limbs : 12
2. Surgeries : 2
3. Wheelchairs : 3



### LIGHTING THE PATH @ NJ

December 5th, 2015 was yet another memorable day for Margadarshi, as its well-wishers, spear headed by Mrs. Meena Waran, Mrs. Jaya Mani and Mr. Jayaram Tabjula got together to organize a fund raising event in New Jersey, through Magenta Entertainment. This was the first ever event that happened outside India creating a platform for Margadarshi and showcasing it's work done for the people with disability, through a concert spanning 3 hours of time. It was a well-attended event and the funds raised through the same was used for the 'Lighting The Path' of women with disability.



*Margadarshi's strength is from all philanthropists who are contributing and rendering their services towards upliftment of needy people. We thank doctors supporting NGOs, corporates and philanthropists*

Donations in the form of cash or cheque will be accepted, cheques may be drawn in favour of "Margadarshi The Association for Physically Challenged"

Visit our website at

[www.margadarshionline.org](http://www.margadarshionline.org)

The donations made to the Association are exempted under 80G of IT Act.

**FOR ENQUIRIES KINDLY CONTACT :**

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### ORGANISING COMMITTEE

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**N. Mamatha**, 94489 91323

### You can contribute /donate towards :

- Medical assistance in surgeries, mobility equipments like calipers, limbs, wheelchairs, tricycles, crutches, walkers etc.
- Educational assistance to needy physically challenged.
- Maintenance of our 'Home' at Halasooru.
- You may donate on occasions like Birthday, Wedding Anniversary, in memory of your/their dears, etc., by sponsoring food to our residents for the day. You may also contribute towards endowment fund, which provides a day's food expense as indicated by you to residents every year.
- You may provide contacts at Kollegal & Hanur blocks to enable us to execute the workshops.
- Donation towards Building maintenance at Halsooru, Bangalore.

	Per Day	Endowment Fund
Breakfast	₹ 200	₹ 2,000
Lunch	₹ 500	₹ 5,000
Dinner	₹ 500	₹ 5,000
Full Day	₹ 1,000	₹ 10,000

To

BOOK-POST