



MARGADARSHI E-News

The Association for Physically Challenged (Regd)

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Distribution of Medical Kits to Spinal Cord Injury Persons



Margadarshi with the grant support of Northern Trust distributed Medical kits to **65** spinal cord injury persons consisting of following items like Water bed, Catheter tubes, Diapers, Ointments, Gloves, soaps, mats, cotton rolls etc The kits were customized as per the needs of the patients. Our team visited their homes personally and took the list of their requirements and placed order. This gesture was highly appreciated by the beneficiaries and their families.

Mobility Aids measurement & fitment Program @ Chamarajanagar Dist

Margadarshi's regular activity of assessments, measurements and fitment programs of Seating mobility (Wheelchairs) and mobility aids was undertaken during this quarter as a regular activity of Margadarshi.



Margadarshi in collaboration with 'Motivation India', organized wheelchair fitment to 6 users in Bengaluru and 8 users in Chamarajanagar and distributed the same to the users including tool kits.

Similarly, in collaboration with 'Mobility India' organized measurements, assessments, fitments and training of mobility aids to the needy users. Delivered mobility aids like calipers, After foot orthosis, gaiters, sitting & standing frames to 10 users in Bengaluru and 19 users in Chamarajanagar District.



Workshop on Holistic Rehabilitation Approach for Children with disabilities on 6th and 7th January 2021 at Chamarajanagar.



Margadarshi organized a sensitization program with pool of resource persons from various institutions like Motivation India, National Institute for Mental Health and Neuro Sciences (NIMHANS), ESI Hospital-Mysore, Carers Worldwide, All India Institute of Speech and Hearing (AIISH) Mysore, Mahatma Gandhi Medical college, Davanagere, Special Educators' and Rehabilitation Professionals' Association (SERPA) on Holistic Rehabilitation Approach for

Children with disabilities in which topics related to mental health, inclusive



education, use of appropriate assistive devices were discussed. The workshop was attended by 92 staff connected to Health & Education Blocks of 5 taluks of Chamarajanagar Dt.

Bridge course for students of 8th & 9th std students

Margadarshi has planned to include disabled students of 8th and 9th standard as part of the career guidance and bridge course which is being conducted for 10th std students. As part of this program Margadarshi conducted a Learning evaluation workshop from 24th March to 26th March at Hanur, Chamarajanagar, Yelandur and Gundlupet to evaluate the level of learning in languages, basic mathematics, and science.



Child Right's Groups meetings

Child Right's Groups meetings were held in all the 05 taluks of Chamarajanagar District during the month

January to discuss about starting of schools from



6-9th standard, public examination for 10th and 2nd PU students, Sports & extracurricular activities along with regarding Physiotherapy, Speech therapy and Living Skills for children with disabilities

Parents & Care Givers Alliance Meeting 27.03.2021



An Alliance meeting of the parents and care givers was

conducted on 27-03-2021 in Chamarajanagara where

around 42 parents and care givers participated.



This meeting mainly focused on how information about Government's programs, policies and guidelines need to be shared. Also on how to approach the Government and to organize themselves so that they can support each other.

Quarterly meeting of Parents / Care givers of children with severe disability & persons with disability

The quarterly meeting of parents was conducted in Chamarajanagar Taluk on 24-02-2021 and meeting of Carers/Parents meetings were conducted in the remaining 04 taluks of the District. Block Resource Coordinators, Block Resource Persons, Block Inclusive Education

Resource Teachers, Taluk Judges-cum-Chairman's of the Taluk Legal Cell Authorities and Presidents and Office Bearers of Taluk Advocate's Association participated in the program. Some of the issues discussed were about therapy services, Daily Living skills to students/children, usage of the aids and appliances and Prevention of dropout of their



children from schools.

Officers, Judges and office bearers of the taluk advocates association who have participated in this program, were sensitized about the rights of Carers and their problems and assured of support and justice to the care givers.



Capacity Building training for parents of children with cerebral palsy and multiple disabilities on 17th and 18th March 2021

A residential training program was held for parents of children with cerebral palsy and multiple disabilities. 17 parents and carers, 10 CBR workers and career coordinators participated. Training was imparted on managing overall health and well-being of children with cerebral palsy and understand the importance of appropriate seating and positioning of children in wheelchair.



The focus was given on physical condition and rehabilitation of children, typical daily routine of parents, homebased solution for exercises, effective usage of assistive devices, time management and wellbeing of parents/ carers in the workshop.

A demonstration on assembling and fitting couple of seating devices and wheelchair for children presented in the program. Also tips on how to repair and maintain the devices was provided by Mr.Prasanth of Motivation.

Follow-up Training

Disability management skill workshop for the mentally challenged children and their parents.

A follow-up training for the 22 Mentally Challenged Children and their Parents to help themselves to improvise on their capacity and management skills in taking good care of their children. was organised from 1st March 2021 to 13th March 2021 in Bengaluru. 10 male children and 12 female children participated along with their parents.



The Physiotherapists Lino Rajesh and Somarendra handled the sessions for the children and their parents, based on each

child's therapeutic conditions. Various Physiotherapy equipment like Balance ball and mobility

equipment like Staircase trainer and its uses were explained to the parents and



demonstrations were also provided.

(Moti Start) Case study of Panvith- How Margadarshi has impacted his life



Panvith, a 4 years child S/o. of Basavanna & Vimala hails from Yeragamballi Village, Yelandur Thaluk, Chamarajanagar Dt. He suffered from severe fever when he was six month's old and was kept in ICU for 15 days. The parents were informed after fifteen days by the Doctors that the child is suffering from Global Delay Development and the child is very weak as the blood count is very less due to which the child is not having neck control. After consulting various doctors, physiotherapy was advised but the parents due to poverty and Covid situation could not get the therapy services and the child's health deteriorated.

After they came in contact with Margadarshi, Parents and other family members were counselled and explained the condition and situation of the child. Then they got confidence, the mental stress, pain was released. When they came for the first time, they were made to understand that their child was not the only one who is suffering from this kind of problem. The parents saw the therapy going on in the center.

The child was advised to come to the center twice a week for therapy. After observing Panvith, the organization provided customized **(Moti start)** wheel chair to him, which made his life more comfortable. Thus, the entire family, neighbours and relatives were very happy. With continuous follow-ups Panvith's health improved and his Parents got confidence and their mental health also improved. The parents have expressed their gratitude as the child's neck and trunk control has improved by 75% and the child is able to communicate through signals and also able to sit without support.

Obituary

We are sorry to inform you that our Life Member

Smt. Gowri.B passed away on 17/04/2021.



She was very friendly with every one & stretching helping hand in all our activities. Her association with Margadarshi was for last 30 years. We pray the Almighty to give strength to her family to bear the void created by her untimely demise.

****** Om Shanthi ****

Our Sincere Thanks to....



..... And Trusts/Foundation, Institutions, Partner Organizations volunteers and many many individual Donors.

Donations

Offline

Please make cheques payable to:
 “Margadarshi The Association
 for Physically Challenged”
 Cheques can be directly posted to
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75/6, Hulkul Complex, Lalbagh
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Transfer

Donation within India:

State Bank of India

Account Number: 34524413998

Account Name: Margadarshi
 The Association for Physically
 Challenged

Branch: Ulsoor,
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 Bangalore – 560 084

IFS Code: SBIN0001824

Type : Current

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Earnest request to all the Donors

After making online Contribution, please message the contribution details to any one of our committee members as listed above. This will enable us to raise the receipts in their name specifically.

- All the Donations are exempt from tax under section 80G of Income Tax Act 1961
- If you are sending a cheque, please write the following details behind the cheque “ Your Name, Email ID, Address, Contact number, PAN number. If you are wire transferring, Please email us the above details on marga_darshi@yahoo.co.in
- Receipt will be emailed or couriered to you within two weeks of receiving the cheques/wire transfer

“IT IS OUR EARNEST APPEAL TO ALL TO JOIN US IN THIS FIGHT FOR A
 BETTER TOMORROW AND SAFE PLACE TO LIVE IN”